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The question is not when, but where will the next attack be?

How to SURVIVE an Active Shooter/Assailant We have have to begin to harden our citizenthrough knowledge, this is knowledge are a first regonders have gained through the loss of our citizens and less our own lives.
 I would be a disservice to those that have gainer than lives not to lean if nom these lesson teamed and share them.
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EMPOWERMENT



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Training Goals

- ✓Why we need to prepare
- Lessons learned from previous tragic events
- ✓ Defining Active Assailant
 ✓ Provide options for survival from a tragic event
- Response Approaches to Active Assailant
- ✓ Render Aid trauma
- ✓Warning Signs
- ✓ Preventing Workplace Violence
- ✓Resources

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The "WHAT IF" Questions

Common questions "What IF THIS happens what should I do?"

What IF THAT happens then what should I do?"

There is no way to anticipate every possibility. That is why you must prepare and have OPTIONS!

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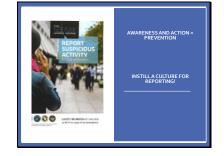


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If you see Something Say Something Does your organization have an anonymous tip line? Do you educate people on how to access tip line? • In 83% of incidents, at least one other person had some prior knowledge of the attacker's plan. (US Secret Service) • In 59% of incidents, more than one person had some knowledge. Columbine Attackers planned OVER A YEAR!

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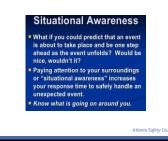
 If you see Something, Say Something
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What is an "Active Assailant"?

"An Active Assailant is an individual actively engaged in killing or attempting to kill people in a confined and <u>populated area</u>; in most cases, active assailants use firearms(s) and there is no pattern or method to their selection of victims." According to the US Department of Homeland Society

• Active assailant situations are unpredictable and evolve quickly.

 The immediate deployment of law enforcement is required to stop the shooting and mitigate harm to victims.



 Why Is Preparation Necessary: <u>TIME is critical!</u>

 • An average Active Assailant event lasts

 4 - 8 minutes

 Over 70% of incidents are over in 5 min or less

 • What is the average time for Law Enforcement to arrive?

 3 - 6 minutes

 • WHO ARE THE FIRST RESPONDERS? YOU, YOUR CO-WORKERS, YOUR FAMILY.

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Mental Scripting "If thisthen that"

"Those initial moments, people can experience, everything from shock and disbelief, which can cause people to freeze, to extreme fear, panic, anxiety." Mental scripting ahead of time can help you avoid panicking.

he mental rehearsal portion of preparing for this possible situation is key." Dr. Beth Loneraan. the Director of UW Health Behavioral Health Se

"The body can't go where the mind hasn't been"!

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Denial



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How Are People Warned? Rapid notification is key to saving lives! •PA System or Walkie Talkie •Phone/Email Alerts •Text Messages •Run and Yell •Digital Displays •Other (could be sound of gunfire as warning) By notifying people of the situation, as opposed to a standard alarm, individuals can accelerate their evacuation to a safe location.

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How Are People Warned? If you have an ALERT system

Does all your staff have access to use it?
Does all your staff know how to use it?

- Do you test it to see if it works?
- Does it go to all locations (outdoors, bathrooms, locker room, break room, etc.)?
 Can you hear ALERT if loud working environment?
- Is it 2 way communication?
- Can they communicate information back?
- Can you alert staff not on site and families of your staff?
 Can you give REAL TIME information?
- Can you communicate with other tenants?

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Voice over Internet Protocol (VOIP) Services and 911

VoIP and 911 Service

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RUN • Avoid contact with the threat • If threat is inside, get out! • Leave your belongings behind • Have an escape route and plan in mind • Look for cover and concealment • A moving person is more difficult target than a person standing or stitling still • g9% of active shoater events were only 1 shoater

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HIDE

 Get in a room and Lock/Secure doors
 -or designated shelter in place areas
 Barricade door for additional security (DELAY THREAT)

·Look for secondary exit out of room

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 If you cannot get behind a closed door or out of building hide in an area out of the assailant's view

-Silence your cell phone, no talking, and lights off (shut blinds) -Prepare to fight if the threat

enters the room



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 Attempt to distract the assailant Attempt to incapacitate the assailant Act with physical aggression and throw items at the assailant •Commit 100% to stopping the assaila •Work as a team to overcome he assailant

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Post Incident

 Depending on your business, you may have to allow extended time off and/or allow employees to work remotely, until you can find an alternate location or until your office can be repaired and reopened.

 Rescued victims will be held, so law enforcement can gain witness informat



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OTHER CONSIDERATIONS

 Do you have a way to communicate with employees post incident? Are your Emergency contacts updated? Can you access employee contact info remotely? Can you continue with business as usual?

 Do you have resources for post incident emotional and mental health support?
 PIO, Representative, Liaison from your organization?

 Do you have a system to provide Investigators with visitors who were in building?

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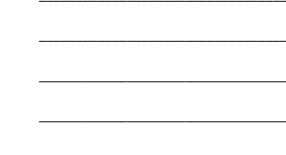
Know that you are empowered to make decisions that will provide you the best levels of protection and safety.

"In a moment of decision, the best thing you can do is the right thing. The next best thing is the wrong thing. The worst thing you can do is nothing." **Theodore Roosevelt**

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Proparadiology for Active Thread and Wolferco within the Community		Dane County Sheriff's Office
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